

# SERMON GUIDE



## Hebrews 5:1-10

Sunday, October 4, 2020

***NOTE:** This guide is primarily written for group contexts (small groups, families). If doing on your own, we would encourage you to use a journal to respond to questions so that you can look back on your growth.*



### OPENER

*This section is to get your group dialoging about the sermon topic.*

*(Suggested Time: ~ 5 minutes)*

- **What do you remember about our Hebrews series from January-March? Or what is one thing you love about the book of Hebrews?**



### LEARN

*This section will help your group respond to the sermon content, as well as take a deeper dive into God's Word to continue to shape what God's Truth has to say about it.*

*(Suggested Time: ~ 20-25 minutes)*

- **What stood out in the sermon? What did you agree/disagree, or have questions about?**
- **Hebrews 5 reminds us that Jesus is our high priest, acting on our behalf. What is unique about Jesus as our high priest? How can Jesus represent us (and sympathize with us) in better ways than any other high priest?**

- **What does it mean that Jesus learned obedience through what He suffered? How is the Garden of Gethsemane a picture of Jesus’s suffering and obedience?**
- **In verses 5-6, to prove Jesus’s call, the author quotes from the Old Testament- specifically Psalm 2 and Psalm 110. The first quote, from Psalm 2:7, was already quoted in Hebrews 1:5. Why does this verse mean so much in Hebrews?**
  - Read all of Psalm 2 and 110. How does these Psalms point forward to Jesus? Why is it important to see how the Old Testament ties forward to the New Testament?
  - Verse 5 starts off with “Christ did not exalt Himself.” Why is this an important theme in Scripture? (see Philippians 2)
- **Read Romans 5:1-5. How does this passage, along with Jesus as our great high priest who empathizes, help encourage us when we encounter suffering?**
  - What is our posture in suffering supposed to be? Why?
  - What is the purpose of suffering according to these passages?



## PRACTICE

*This section gives you and your group an opportunity to “try” what you’re learning in a safe space. This will be a moment to try and put “flesh on” something you’re learning.*

*(Suggested Time: ~ 10-15 minutes)*

- **Go around the room, and have everyone, on their own, think back to a time when it was costly to be obedient to something God had called them to, or when it was costly to do what was right. Encourage everyone to think about not only that time of trial or suffering, but also what they learned or experienced of God’s faithfulness. After a couple minutes, encourage everyone to share with the group.**

*(More on the next page)*

 **GROW**

*This section is about determining personal or communal application points in light of what you've learned and discussed. This is a time to be specific and "measurable" in your application of God's Word so that your community can encourage you and hold you accountable.*

*(Suggested Time: ~ 10-15 minutes)*

- **What is one thing, in light of this week's message and study, that you need to start, stop, or change in your life?**
- **One of the ideas in this passage and from Pastor Jeff is that suffering is the necessary price of obedience. Are there areas you have avoided suffering (and also avoided the growth that comes out of obedience)?**
  - Make a list of the ways God has grown you through suffering.
- **In the 'days of his flesh' Jesus was crying out to God. Do you ever have prayers where you cry out or tear up? What makes those prayers unique?**
  - Spend deep time in prayer this week. If you feel stuck in a routine of prayer-get past your usual ask and cry out to God with deep issues you are wrestling with.

 **PRAY**

*This is your time to share requests, and pray out loud together as a group for each other.*

*(Suggested Time: ~ 10 minutes)*

- **Share your prayer requests together and close with prayer as a group.**