



#JESUSCHANGEDMYLIFE



SELFIE GUIDE

Here are some best practices for recording yourself on your phone:

- **Simple, clean backdrops are ideal** - Avoid distracting backgrounds or crowded spaces or sitting in your car.
- **Shoot in natural light** - avoid backlighting. Don't sit in front of a window, face the window so the light falls on your face.
- **If shooting in artificial light** - avoid direct overhead lights. Face a lamp or sit away from overhead lamps so the light falls more on your face.
- **Clean your camera** - make sure the lens of your selfie camera is clean before shooting.
- **Shoot in portrait mode** - align your phone vertically.